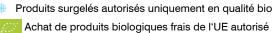
## Calendrier des légumes de saison

	Ail	Artichaut	Asiamix	Asperge	Aubergine	Batavia	Betterave jaune	Betterave rouge	Blette	Brocoli	Carotte	Cébette	Céleri branche	Céleri rave	Champig- non	Chou blanc	Chou de Bruxelles	Chou chinois	Chou-fleur	Chou frisé	Chou noir	Chou pointu	Chou-rave	Chou rouge
JAN	<b>✓</b>	×	×	×	×	<b>✓</b>	<b>✓</b>	<b>✓</b>	×	<del>**</del>	<b>✓</b>	X	×	<b>✓</b>	<b>✓</b>	<b>✓</b>	<b>✓</b>	×	**	<b>✓</b>	<b>✓</b>	×	×	<b>✓</b>
FÉV	<b>✓</b>	×	×	×	×	<b>✓</b>	<b>✓</b>	<b>✓</b>	×	<b>**</b>	<b>✓</b>	×	×	<b>✓</b>	<b>✓</b>	<b>✓</b>	<b>✓</b>	×	**	×	×	×	×	<b>✓</b>
MAR	<b>✓</b>	×	×	×	×	<b>✓</b>	×	<b>✓</b>	<b>✓</b>	**	<b>✓</b>	×	×	×	<b>✓</b>	<b>✓</b>	<b>✓</b>	×	**	×	×	×	×	<b>✓</b>
AVR	<b>✓</b>	×	<b>✓</b>	<b>✓</b>	×	<b>✓</b>	×	<b>✓</b>	<b>✓</b>	** ::::	<b>✓</b>	<b>✓</b>	×	×	<b>✓</b>	<b>✓</b>	<b>**</b> ::::	×	**	×	×	<b>✓</b>	<b>✓</b>	<b>✓</b>
MAI	<b>✓</b>	×	<b>✓</b>	<b>✓</b>	×	<b>✓</b>	×	<b>✓</b>	<b>✓</b>	<b>✓</b>	<b>✓</b>	<b>✓</b>	<b>✓</b>	×	<b>✓</b>	<b>✓</b>	<b>**</b> ***	<b>✓</b>	<b>✓</b>	×	×	<b>✓</b>	<b>✓</b>	<b>✓</b>
JUI	<b>✓</b>	×	×	<b>✓</b>	<b>✓</b>	<b>✓</b>	×	<b>✓</b>	<b>✓</b>	<b>✓</b>	<b>✓</b>	<b>✓</b>	<b>✓</b>	×	<b>✓</b>	<b>✓</b>	<del>※</del>	<b>✓</b>	<b>✓</b>	×	×	<b>✓</b>	<b>✓</b>	<b>✓</b>
JUIL	<b>✓</b>	<b>✓</b>	×	<b>✓</b>	<b>✓</b>	<b>✓</b>	×	<b>✓</b>	<b>✓</b>	<b>✓</b>	<b>✓</b>	<b>✓</b>	<b>✓</b>	×	<b>✓</b>	<b>✓</b>	<del>※</del>	<b>✓</b>	<b>✓</b>	<b>✓</b>	×	<b>✓</b>	<b>✓</b>	<b>✓</b>
AOU	<b>✓</b>	<b>✓</b>	×	×	<b>✓</b>	<b>✓</b>	×	<b>✓</b>	<b>✓</b>	<b>✓</b>	<b>✓</b>	<b>✓</b>	<b>✓</b>	×	<b>✓</b>	<b>✓</b>	<b>**</b> ***	<b>✓</b>	<b>✓</b>	<b>✓</b>	<b>✓</b>	<b>✓</b>	<b>✓</b>	<b>✓</b>
SEP	<b>✓</b>	<b>✓</b>	×	×	<b>✓</b>	<b>✓</b>	<b>✓</b>	<b>✓</b>	<b>✓</b>	<b>✓</b>	<b>✓</b>	<b>✓</b>	<b>✓</b>	×	<b>✓</b>	<b>✓</b>	<b>✓</b>	<b>✓</b>	<b>✓</b>	<b>✓</b>	<b>✓</b>	<b>✓</b>	<b>✓</b>	<b>✓</b>
ОСТ	<b>✓</b>	×	×	×	<b>✓</b>	<b>✓</b>	<b>✓</b>	<b>✓</b>	<b>✓</b>	<b>✓</b>	<b>✓</b>	X	<b>✓</b>	<b>✓</b>	<b>✓</b>	<b>✓</b>	<b>✓</b>	<b>✓</b>	<b>✓</b>	<b>✓</b>	<b>✓</b>	<b>✓</b>	<b>✓</b>	<b>✓</b>
NOV	<b>✓</b>	×	×	×	×	<b>✓</b>	<b>✓</b>	<b>✓</b>	<b>✓</b>	<b>**</b> ::::	<b>✓</b>	×	<b>✓</b>	<b>✓</b>	<b>✓</b>	<b>✓</b>	1	<b>✓</b>	<b>※</b>	<b>✓</b>	<b>✓</b>	<b>✓</b>	×	<b>✓</b>
DEC	<b>✓</b>	×	×	×	×	<b>/</b>	<b>✓</b>	<b>✓</b>	×	<b>*</b>	<b>✓</b>	×	<b>✓</b>	<b>✓</b>	<b>✓</b>	<b>✓</b>	<b>✓</b>	×	**	<b>✓</b>	<b>✓</b>	×	×	<b>✓</b>

Légumes régionaux disponibles - les légumes frais doivent provenir exclusivement de l'UE

Légumes stockés

X En principe, pas de légumes régionaux disponibles - achat possible auprès de producteurs *Natur genéissen* si disponibles









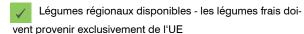


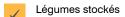




## Calendrier des légumes de saison

	Chou vert	Concombre	Courgette	Chicon	Echalote	Epinard	Fenouil	Feuille de chêne	Fève	Haricot	Laitue	Laitue ice- berg	Légumes mixtes	Lollo Rosso	Mâche	Maïs	Mange-tout	Navet	Oignon	Pain de sucre	Panais	Patate douce	Pâtisson
JAN	<b>✓</b>	×	×	<b>✓</b>	<b>✓</b>	**	×	<b>✓</b>	×	***	<b>✓</b>	×	***	×	<b>✓</b>	**	×	<b>✓</b>	<b>✓</b>	×	<b>✓</b>	<b>✓</b>	×
FÉV	<b>✓</b>	×	×	<b>✓</b>	<b>✓</b>	辮	×	<b>✓</b>	×	** ::::	<b>✓</b>	×	辮	X	<b>✓</b>	※	×	<b>✓</b>	<b>✓</b>	×	<b>✓</b>	<b>✓</b>	×
MAR	<b>✓</b>	727	727	<b>✓</b>	<b>✓</b>	*	×	<b>✓</b>	×	** ::::	<b>✓</b>	×	辮	X	<b>✓</b>	※	×	×	<b>✓</b>	×	<b>✓</b>	×	×
AVR	×	72	727	<b>✓</b>	<b>✓</b>	<b>※</b> ✓	×	<b>✓</b>	×	<b>**</b> ::::	<b>✓</b>	<b>✓</b>	業	X	<b>✓</b>	**	×	×	<b>✓</b>	×	<b>✓</b>	×	×
MAI	×	72	<b>✓</b>	×	<b>✓</b>	<b>※</b> ✓	<b>✓</b>	<b>✓</b>	×	<b>✓</b>	<b>✓</b>	<b>✓</b>	業	<b>✓</b>	×	辮	×	×	<b>✓</b>	×	<b>✓</b>	×	×
JUI	×	<b>✓</b>	<b>✓</b>	×	<b>✓</b>	*	<b>✓</b>	<b>✓</b>	<b>✓</b>	<b>✓</b>	<b>✓</b>	<b>✓</b>	**	<b>✓</b>	×	**	<b>✓</b>	×	<b>✓</b>	×	<b>✓</b>	×	×
JUIL	×	<b>✓</b>	<b>✓</b>	×	<b>✓</b>	*	<b>✓</b>	<b>✓</b>	<b>✓</b>	<b>✓</b>	<b>✓</b>	<b>✓</b>	**	<b>✓</b>	×	**	<b>✓</b>	×	<b>✓</b>	×	<b>✓</b>	×	<b>✓</b>
AOU	×	<b>✓</b>	<b>✓</b>	×	<b>✓</b>	*	<b>✓</b>	<b>✓</b>	×	<b>✓</b>	<b>✓</b>	<b>✓</b>	**	<b>✓</b>	×	*	×	×	<b>✓</b>	×	<b>✓</b>	×	<b>✓</b>
SEP	×	<b>✓</b>	<b>✓</b>	×	<b>✓</b>	*	<b>✓</b>	<b>✓</b>	×	<b>✓</b>	<b>✓</b>	<b>✓</b>	**	<b>✓</b>	×	*	×	<b>✓</b>	<b>✓</b>	<b>✓</b>	<b>✓</b>	<b>✓</b>	<b>✓</b>
ОСТ	<b>✓</b>	<b>✓</b>	<b>✓</b>	<b>✓</b>	<b>✓</b>	*	<b>✓</b>	<b>✓</b>	X	***	<b>✓</b>	<b>✓</b>	**	<b>✓</b>	×	*	×	<b>✓</b>	<b>✓</b>	<b>✓</b>	<b>✓</b>	<b>✓</b>	<b>✓</b>
NOV	<b>✓</b>	×	×	<b>✓</b>	<b>✓</b>	*	×	<b>✓</b>	×	***	<b>✓</b>	<b>✓</b>	**	×	<b>✓</b>	***	×	<b>✓</b>	<b>✓</b>	<b>✓</b>	<b>✓</b>	<b>✓</b>	×
DEC	<b>✓</b>	×	×	<b>✓</b>	<b>✓</b>	*	×	<b>✓</b>	×	<b>*</b>	<b>✓</b>	×	**	×	<b>✓</b>	**	×	<b>✓</b>	<b>✓</b>	×	<b>✓</b>	<b>✓</b>	×





X En principe, pas de légumes régionaux disponibles - achat possible auprès de producteurs *Natur genéissen* si disponibles



Achat de produits biologiques frais de l'UE autorisé







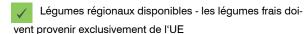






## Calendrier des légumes de saison

	Persil racine	Petit pois	Pissenlit	Plantain corne de cerf	Poireau	Poivron	Pomme de terre	Potiron	Pourpier d'hiver	Radicchio	Radis (noir, blanc)	Radis rouge	Romana	Romanesco	Roquette	Rutabaga	Salsifis	Scarole/ frisée	Tomate	Topinam- bour
JAN	<b>✓</b>	**	×	×	<b>✓</b>	×	<b>✓</b>	<b>✓</b>	×	×	<b>✓</b>	×	×	×	<b>✓</b>	×	<b>✓</b>	<b>✓</b>	×	<b>✓</b>
FÉV	×	**	×	×	<b>✓</b>	×	<b>✓</b>	<b>✓</b>	<b>✓</b>	×	<b>✓</b>	×	×	×	<b>✓</b>	×	<b>✓</b>	<b>✓</b>	×	<b>✓</b>
MAR	×	**	<b>✓</b>	×	<b>✓</b>	727	<b>✓</b>	×	<b>✓</b>	×	<b>✓</b>	<b>✓</b>	×	×	<b>✓</b>	×	<b>✓</b>	<b>✓</b>	77.7	×
AVR	×	**	<b>✓</b>	<b>✓</b>	<b>✓</b>	777	<b>✓</b>	×	<b>✓</b>	×	<b>✓</b>	<b>✓</b>	×	×	<b>✓</b>	×	<b>✓</b>	<b>✓</b>	72	×
MAI	×	**	<b>✓</b>	<b>✓</b>	<b>✓</b>	777	<b>✓</b>	X	<b>✓</b>	<b>✓</b>	<b>✓</b>	<b>✓</b>	×	×	<b>✓</b>	×	×	<b>✓</b>	777	×
JUI	×	*	<b>✓</b>	<b>✓</b>	<b>✓</b>	<b>✓</b>	<b>✓</b>	X	<b>✓</b>	<b>✓</b>	<b>✓</b>	<b>✓</b>	<b>✓</b>	<b>✓</b>	<b>✓</b>	×	×	<b>✓</b>	<b>✓</b>	<b>✓</b>
JUIL	×	*	×	×	<b>✓</b>	<b>✓</b>	<b>✓</b>	<b>✓</b>	×	<b>✓</b>	<b>✓</b>	<b>✓</b>	<b>✓</b>	<b>✓</b>	<b>✓</b>	×	×	<b>✓</b>	<b>✓</b>	<b>✓</b>
AOU	×	*	×	×	<b>✓</b>	<b>✓</b>	<b>✓</b>	<b>✓</b>	×	<b>✓</b>	<b>✓</b>	<b>✓</b>	<b>✓</b>	<b>✓</b>	<b>✓</b>	×	×	<b>✓</b>	<b>✓</b>	<b>✓</b>
SEP	<b>✓</b>	*	×	×	<b>✓</b>	<b>✓</b>	<b>✓</b>	<b>✓</b>	×	<b>✓</b>	<b>✓</b>	<b>✓</b>	<b>✓</b>	<b>✓</b>	<b>✓</b>	×	<b>✓</b>	<b>✓</b>	<b>✓</b>	<b>✓</b>
ОСТ	<b>✓</b>	*	×	×	<b>✓</b>	<b>✓</b>	<b>✓</b>	<b>✓</b>	×	<b>✓</b>	<b>✓</b>	<b>✓</b>	<b>✓</b>	<b>✓</b>	<b>✓</b>	<b>✓</b>	<b>✓</b>	<b>✓</b>	<b>/</b>	<b>✓</b>
NOV	<b>✓</b>	**	×	×	<b>✓</b>	<b>✓</b>	<b>✓</b>	<b>✓</b>	×	<b>✓</b>	<b>✓</b>	<b>✓</b>	<b>✓</b>	×	<b>✓</b>	<b>✓</b>	<b>✓</b>	✓	×	<b>✓</b>
DEC	<b>✓</b>	**	×	×	<b>✓</b>	×	<b>✓</b>	<b>✓</b>	×	X	<b>✓</b>	×	×	×	<b>✓</b>	<b>✓</b>	<b>✓</b>	<b>✓</b>	×	<b>✓</b>



<sup>✓</sup> Légumes stockés













X En principe, pas de légumes régionaux disponibles - achat possible auprès de producteurs *Natur genéissen* si disponibles

Produits surgelés autorisés uniquement en qualité bio